

Branch	Training Month	From Date	To Date	No of participants	Training Place
Kathmandu	01 - Sharwan	9	12	50	Kathmandu
Kathmandu	02 - Bhadra	5	8	50	Kathmandu
Kathmandu	03-Ashwin	1	4	50	Kathmandu
Kathmandu	04 - Kartik	1	4	50	Kathmandu
Kathmandu	05 - Mansir	12	15	50	Kathmandu
Kathmandu	06 - Poush	17	20	50	Kathmandu
Kathmandu	07 - Magha	2	5	50	Kathmandu
Kathmandu	08 - Falgun	14	17	50	Kathmandu
Kathmandu	09 - Chaitra	6	9	50	Kathmandu
Kathmandu	10- Baishakh	3	6	50	Kathmandu
Kathmandu	11 - Jestha	21	24	50	Kathmandu
Kathmandu	12 - Ashad	24	27	50	Kathmandu
Banepa	01 - Sharwan	16	19	50	Banepa
Banepa	03-Ashwin	15	18	50	Banepa
Banepa	05 - Mansir	18	21	50	Banepa
Banepa	07 - Magha	16	19	50	Banepa
Banepa	09 - Chaitra	19	22	50	Banepa
Banepa	11 - Jestha	14	17	50	Banepa
Birgunj	01 - Sharwan	9	12	50	Birgunj
Birgunj	02 - Bhadra	5	8	50	Birgunj
Birgunj	03-Ashwin	9	12	50	Birgunj
Birgunj	04 - Kartik	14	17	50	Birgunj
Birgunj	05 - Mansir	5	8	50	Birgunj
Birgunj	06 - Poush	3	6	50	Birgunj
Birgunj	07 - Magha	9	12	50	Birgunj
Birgunj	08 - Falgun	7	10	50	Birgunj
Birgunj	09 - Chaitra	6	9	50	Birgunj
Birgunj	10- Baishakh	3	6	50	Birgunj
Birgunj	11 - Jestha	7	10	50	Birgunj
Birgunj	12 - Ashad	4	7	50	Birgunj
Janakpur	01 - Sharwan	10	13	50	Janakpur
Janakpur	03-Ashwin	17	20	50	Janakpur
Janakpur	04 - Kartik	15	18	50	Janakpur
Janakpur	05 - Mansir	13	16	50	Janakpur
Janakpur	06 - Poush	18	21	50	Janakpur
Janakpur	07 - Magha	17	20	50	Janakpur
Janakpur	08 - Falgun	15	18	50	Janakpur
Janakpur	09 - Chaitra	7	10	50	Janakpur
Janakpur	10- Baishakh	4	7	50	Janakpur
Janakpur	12 - Ashad	5	8	50	Janakpur
Hetauda	01 - Sharwan	8	11	50	Hetauda
Hetauda	02 - Bhadra	11	14	50	Hetauda
Hetauda	04 - Kartik	13	16	50	Hetauda
Hetauda	05 - Mansir	11	14	50	Hetauda
Hetauda	06 - Poush	10	13	50	Hetauda
Hetauda	08 - Falgun	14	17	50	Hetauda
Hetauda	09 - Chaitra	13	16	50	Hetauda

Hetauda	10- Baishakh	11	14	50	Hetauda
Hetauda	11 - Jestha	8	11	50	Hetauda
Hetauda	12 - Ashad	12	15	50	Hetauda
Harion	02 - Bhadra	8	11	50	Harion
Harion	03-Ashwin	8	11	50	Harion
Harion	04 - Kartik	8	11	50	Harion
Harion	05 - Mansir	8	11	50	Harion
Harion	06 - Poush	8	11	50	Harion
Harion	07 - Magha	8	11	50	Harion
Harion	08 - Falgun	8	11	50	Harion
Harion	09 - Chaitra	8	11	50	Harion
Harion	10- Baishakh	8	11	50	Harion
Harion	11 - Jestha	8	11	50	Harion
Bara	01 -Sharwan	20	23	50	Bara
Bara	02 - Bhadra	9	12	50	Bara
Bara	03-Ashwin	13	16	50	Bara
Bara	04 - Kartik	18	21	50	Bara
Bara	05 - Mansir	8	11	50	Bara
Bara	06 - Poush	21	24	50	Bara
Bara	07 - Magha	19	22	50	Bara
Bara	08 - Falgun	16	19	50	Bara
Bara	09 - Chaitra	22	25	50	Bara
Bara	10- Baishakh	21	24	50	Bara
Bara	11 - Jestha	18	21	50	Bara
Bara	12 - Ashad	15	18	50	Bara
Nuwakot	01 -Sharwan	20	23		Nuwakot
Nuwakot	02 - Bhadra	18	21	50	Nuwakot
Nuwakot	03-Ashwin	15	18	50	Nuwakot
Nuwakot	04 - Kartik	0	0	50	Nuwakot
Nuwakot	05 - Mansir	20	23	50	Nuwakot
Nuwakot	07 - Magha	17	20	50	Nuwakot
Nuwakot	08 - Falgun	15	18	50	Nuwakot
Nuwakot	09 - Chaitra	0	0	50	Nuwakot
Nuwakot	10- Baishakh	15	18	50	Nuwakot
Nuwakot	11 - Jestha	10	13	50	Nuwakot
Gongabu	01 -Sharwan	4	7	50	Gongabu
Gongabu	03-Ashwin	18	21	50	Gongabu
Gongabu	05 - Mansir	9	12	50	Gongabu
Gongabu	06 - Poush	13	16	50	Gongabu
Gongabu	08 - Falgun	17	20	50	Gongabu
Gongabu	10- Baishakh	4	7	50	Gongabu
Gongabu	11 - Jestha	18	21	50	Gongabu
Corporate	02 - Bhadra	13	16	50	Corporate
Corporate	03-Ashwin	13	16	50	Corporate
Corporate	05 - Mansir	13	16	50	Corporate
Corporate	06 - Poush	13	16	50	Corporate
Corporate	08 - Falgun	13	16	50	Corporate
Corporate	10- Baishakh	13	16	50	Corporate
Sindhuli	01 -Sharwan	28	31	20	Sindhuli
Sindhuli	02 - Bhadra	17	20	20	Sindhuli

Sindhuli	03-Ashwin	21	24	25	Sindhuli
Sindhuli	05 - Mansir	24	27	20	Sindhuli
Sindhuli	06 - Poush	22	25	20	Sindhuli
Sindhuli	07 - Magha	14	17	25	Sindhuli
Sindhuli	08 - Falgun	12	15	20	Sindhuli
Sindhuli	09 - Chaitra	25	28	20	Sindhuli
Sindhuli	10- Baishakh	8	11	20	Sindhuli
Sindhuli	11 - Jestha	26	29	20	Sindhuli
Bhaktapur	01 -Sharwan	25	28	50	Bhaktapur
Bhaktapur	03-Ashwin	3	6	50	Bhaktapur
Bhaktapur	05 - Mansir	5	8	50	Bhaktapur
Bhaktapur	07 - Magha	22	25	50	Bhaktapur
Bhaktapur	09 - Chaitra	5	8	50	Bhaktapur
Bhaktapur	10- Baishakh	22	25	50	Bhaktapur
Bhaktapur	11 - Jestha	5	8	50	Bhaktapur
Bhaktapur	12 - Ashad	3	6	50	Bhaktapur
Charikot	01 -Sharwan	24	27	20	Charikot
Charikot	03-Ashwin	17	20	20	Charikot
Charikot	05 - Mansir	20	23	20	Charikot
Charikot	07 - Magha	17	20	20	Charikot
Charikot	10- Baishakh	5	8	20	Charikot
Charikot	12 - Ashad	11	14	20	Charikot
Patan (Lalitpur)	01 -Sharwan	11	14	35	Patan (Lalitpur)
Patan (Lalitpur)	03-Ashwin	4	7	35	Patan (Lalitpur)
Patan (Lalitpur)	05 - Mansir	2	5	35	Patan (Lalitpur)
Patan (Lalitpur)	07 - Magha	4	7	35	Patan (Lalitpur)
Patan (Lalitpur)	09 - Chaitra	2	5	35	Patan (Lalitpur)
Patan (Lalitpur)	11 - Jestha	2	5	35	Patan (Lalitpur)
Ramechhap	01 -Sharwan	14	17	25	Ramechhap
Ramechhap	03-Ashwin	1	4	20	Ramechhap
Ramechhap	05 - Mansir	10	13	30	Ramechhap
Ramechhap	07 - Magha	7	10	25	Ramechhap
Ramechhap	09 - Chaitra	18	21	35	Ramechhap
Ramechhap	11 - Jestha	20	23	20	Ramechhap
Chandranigahapur	01 -Sharwan	15	18	50	Chandranigahapur
Chandranigahapur	02 - Bhadra	15	18	50	Chandranigahapur
Chandranigahapur	03-Ashwin	20	23	50	Chandranigahapur
Chandranigahapur	04 - Kartik	20	23	50	Chandranigahapur
Chandranigahapur	05 - Mansir	14	17	50	Chandranigahapur
Chandranigahapur	06 - Poush	19	22	50	Chandranigahapur
Chandranigahapur	07 - Magha	8	11	50	Chandranigahapur
Chandranigahapur	08 - Falgun	4	7	50	Chandranigahapur
Chandranigahapur	09 - Chaitra	15	18	50	Chandranigahapur
Chandranigahapur	10- Baishakh	14	17	50	Chandranigahapur
Chandranigahapur	11 - Jestha	18	21	50	Chandranigahapur
Malangawa	01 -Sharwan	6	9	15	Malangawa
Malangawa	03-Ashwin	10	13	20	Malangawa
Malangawa	05 - Mansir	14	17	20	Malangawa
Malangawa	06 - Poush	17	20	10	Malangawa
Malangawa	07 - Magha	24	27	10	Malangawa

Malangawa	09 - Chaitra	18	21	15	Malangawa
Malangawa	11 - Jestha	12	15	20	Malangawa
Malangawa	12 - Ashad	11	14	10	Malangawa
New Baneshwor	02 - Bhadra	12	15	50	New Baneshwor
New Baneshwor	05 - Mansir	5	8	50	New Baneshwor
New Baneshwor	08 - Falgun	7	10	50	New Baneshwor
New Baneshwor	11 - Jestha	10	13	50	New Baneshwor
Budanilkantha	01 -Sharwan	15	18	50	Budanilkantha
Budanilkantha	03-Ashwin	15	18	50	Budanilkantha
Budanilkantha	05 - Mansir	15	18	50	Budanilkantha
Budanilkantha	07 - Magha	15	18	50	Budanilkantha
Budanilkantha	09 - Chaitra	15	18	50	Budanilkantha
Budanilkantha	11 - Jestha	15	18	50	Budanilkantha
New Road	01 -Sharwan	17	20	20	New Road
New Road	03-Ashwin	15	18	20	New Road
New Road	05 - Mansir	18	21	25	New Road
New Road	07 - Magha	29	2	25	New Road
New Road	09 - Chaitra	26	29	30	New Road
New Road	11 - Jestha	14	17	25	New Road
Jorpati	02 - Bhadra	3	6	50	Jorpati
Jorpati	03-Ashwin	3	6	50	Jorpati
Jorpati	06 - Poush	3	6	50	Jorpati
Jorpati	09 - Chaitra	3	6	50	Jorpati
Jorpati	12 - Ashad	3	6	50	Jorpati
Chapagau	01 -Sharwan	21	24	10	Chapagau
Chapagau	02 - Bhadra	14	17	10	Chapagau
Chapagau	05 - Mansir	4	7	10	Chapagau
Chapagau	07 - Magha	14	17	10	Chapagau
Chapagau	08 - Falgun	4	7	10	Chapagau
Chapagau	10- Baishakh	5	8	10	Chapagau
Kalanki	01 -Sharwan	15	18	50	Kalanki
Kalanki	02 - Bhadra	15	18	50	Kalanki
Kalanki	03-Ashwin	15	18	50	Kalanki
Kalanki	04 - Kartik	15	18	50	Kalanki
Kalanki	05 - Mansir	15	18	50	Kalanki
Kalanki	06 - Poush	15	18	50	Kalanki
Kalanki	07 - Magha	15	18	50	Kalanki
Kalanki	08 - Falgun	15	18	50	Kalanki
Kalanki	09 - Chaitra	15	18	50	Kalanki
Kalanki	10- Baishakh	15	18	50	Kalanki
Kalanki	11 - Jestha	15	18	50	Kalanki
Kalanki	12 - Ashad	15	18	50	Kalanki
Kritipur	03-Ashwin	15	18	50	Kritipur
Kritipur	05 - Mansir	15	18	50	Kritipur
Kritipur	08 - Falgun	15	18	50	Kritipur
Kritipur	10- Baishakh	15	18	50	Kritipur
Kritipur	11 - Jestha	15	18	50	Kritipur
Kritipur	12 - Ashad	15	18	50	Kritipur
Bardibas	02 - Bhadra	1	4	20	Bardibas
Bardibas	04 - Kartik	16	19	20	Bardibas

Bardibas	06 - Poush	5	8	20	Bardibas
Bardibas	08 - Falgun	17	20	20	Bardibas
Bardibas	10- Baishakh	12	15	20	Bardibas
Bardibas	11 - Jestha	23	26	20	Bardibas
Dhading	02 - Bhadra	10	13	50	Dhading
Dhading	03-Ashwin	10	13	50	Dhading
Dhading	04 - Kartik	10	13	50	Dhading
Dhading	06 - Poush	10	13	50	Dhading
Dhading	07 - Magha	10	13	50	Dhading
Dhading	09 - Chaitra	10	13	50	Dhading
Dhading	10- Baishakh	10	13	50	Dhading
Dhading	11 - Jestha	10	13	50	Dhading
Panauti	02 - Bhadra	18	21	50	Panauti
Panauti	04 - Kartik	20	23	50	Panauti
Panauti	06 - Poush	2	5	50	Panauti
Panauti	08 - Falgun	20	23	50	Panauti
Panauti	10- Baishakh	9	12	50	Panauti
Panauti	12 - Ashad	3	6	50	Panauti
Pepsicola	01 -Sharwan	11	14	20	Pepsicola
Pepsicola	03-Ashwin	5	8	20	Pepsicola
Pepsicola	06 - Poush	19	22	20	Pepsicola
Pepsicola	08 - Falgun	11	14	20	Pepsicola
Pepsicola	10- Baishakh	14	17	20	Pepsicola
Pepsicola	12 - Ashad	1	4	20	Pepsicola
Sadobato	02 - Bhadra	21	24	22	Sadobato
Sadobato	04 - Kartik	24	27	25	Sadobato
Sadobato	06 - Poush	21	24	20	Sadobato
Sadobato	08 - Falgun	16	19	23	Sadobato
Sadobato	10- Baishakh	26	29	25	Sadobato
Sadobato	12 - Ashad	22	25	20	Sadobato
Biratnagar	01 -Sharwan	14	17	50	Biratnagar
Biratnagar	02 - Bhadra	17	20	50	Biratnagar
Biratnagar	03-Ashwin	21	24	50	Biratnagar
Biratnagar	04 - Kartik	19	22	50	Biratnagar
Biratnagar	05 - Mansir	3	6	50	Biratnagar
Biratnagar	06 - Poush	2	5	50	Biratnagar
Biratnagar	07 - Magha	6	9	50	Biratnagar
Biratnagar	08 - Falgun	18	21	50	Biratnagar
Biratnagar	09 - Chaitra	4	6	50	Biratnagar
Biratnagar	10- Baishakh	22	25	50	Biratnagar
Biratnagar	11 - Jestha	16	19	50	Biratnagar
Biratnagar	12 - Ashad	2	5	50	Biratnagar
Birtamod	01 -Sharwan	22	25	50	Birtamod
Birtamod	02 - Bhadra	12	15	50	Birtamod
Birtamod	04 - Kartik	22	25	50	Birtamod
Birtamod	05 - Mansir	13	16	50	Birtamod
Birtamod	06 - Poush	10	13	50	Birtamod
Birtamod	07 - Magha	17	20	50	Birtamod
Birtamod	08 - Falgun	14	17	50	Birtamod
Birtamod	09 - Chaitra	19	22	50	Birtamod

Birtamod	10- Baishakh	15	18	50	Birtamod
Birtamod	11 - Jestha	18	21	50	Birtamod
Birtamod	12 - Ashad	12	15	50	Birtamod
Lahan	01 -Sharwan	20	23	50	Lahan
Lahan	02 - Bhadra	20	23	50	Lahan
Lahan	03-Ashwin	20	23	50	Lahan
Lahan	04 - Kartik	20	23	50	Lahan
Lahan	05 - Mansir	20	23	50	Lahan
Lahan	06 - Poush	20	23	50	Lahan
Lahan	07 - Magha	20	23	50	Lahan
Lahan	08 - Falgun	20	23	50	Lahan
Lahan	09 - Chaitra	20	23	50	Lahan
Lahan	10- Baishakh	20	23	50	Lahan
Lahan	11 - Jestha	20	23	50	Lahan
Lahan	12 - Ashad	20	23	50	Lahan
Damak	01 -Sharwan	15	18	30	Damak
Damak	02 - Bhadra	10	13	50	Damak
Damak	03-Ashwin	12	15	40	Damak
Damak	04 - Kartik	19	22	30	Damak
Damak	05 - Mansir	19	22	50	Damak
Damak	06 - Poush	16	19	50	Damak
Damak	07 - Magha	9	12	50	Damak
Damak	08 - Falgun	12	15	40	Damak
Damak	09 - Chaitra	20	23	50	Damak
Damak	10- Baishakh	15	18	50	Damak
Damak	11 - Jestha	10	13	50	Damak
Damak	12 - Ashad	5	8	50	Damak
Dharan	01 -Sharwan	17	20	50	Dharan
Dharan	02 - Bhadra	20	23	50	Dharan
Dharan	03-Ashwin	24	27	50	Dharan
Dharan	04 - Kartik	21	24	50	Dharan
Dharan	05 - Mansir	19	22	50	Dharan
Dharan	06 - Poush	18	21	50	Dharan
Dharan	07 - Magha	23	26	50	Dharan
Dharan	08 - Falgun	20	23	50	Dharan
Dharan	09 - Chaitra	21	24	50	Dharan
Dharan	10- Baishakh	15	18	50	Dharan
Dharan	11 - Jestha	22	25	50	Dharan
Dharan	12 - Ashad	14	17	50	Dharan
Taplejung	01 -Sharwan	22	25	50	Taplejung
Taplejung	02 - Bhadra	18	21	50	Taplejung
Taplejung	04 - Kartik	6	9	50	Taplejung
Taplejung	05 - Mansir	18	21	50	Taplejung
Taplejung	06 - Poush	16	19	50	Taplejung
Taplejung	07 - Magha	15	18	50	Taplejung
Taplejung	08 - Falgun	14	17	50	Taplejung
Taplejung	10- Baishakh	10	13	50	Taplejung
Taplejung	11 - Jestha	17	20	50	Taplejung
Ithari	02 - Bhadra	7	10	50	Ithari
Ithari	03-Ashwin	7	10	50	Ithari

Ithari	05 - Mansir	7	10	50	Ithari
Ithari	06 - Poush	7	10	50	Ithari
Ithari	07 - Magha	7	10	50	Ithari
Ithari	08 - Falgun	7	10	50	Ithari
Ithari	09 - Chaitra	7	10	50	Ithari
Ithari	10- Baishakh	7	10	50	Ithari
Ithari	11 - Jestha	7	10	50	Ithari
Ithari	12 - Ashad	7	10	50	Ithari
Terathum	01 -Sharwan	15	18	50	Terathum
Terathum	03-Ashwin	7	10	50	Terathum
Terathum	06 - Poush	10	13	50	Terathum
Terathum	08 - Falgun	21	24	50	Terathum
Terathum	10- Baishakh	5	8	50	Terathum
Terathum	12 - Ashad	2	5	50	Terathum
Ilam	03-Ashwin	21	24	50	Ilam
Ilam	05 - Mansir	9	12	50	Ilam
Ilam	07 - Magha	7	10	50	Ilam
Ilam	08 - Falgun	11	14	50	Ilam
Ilam	10- Baishakh	9	12	50	Ilam
Ilam	11 - Jestha	15	18	50	Ilam
Rajbiraj	01 -Sharwan	14	17	25	Rajbiraj
Rajbiraj	02 - Bhadra	16	19	25	Rajbiraj
Rajbiraj	03-Ashwin	13	17	35	Rajbiraj
Rajbiraj	04 - Kartik	18	21	25	Rajbiraj
Rajbiraj	05 - Mansir	16	19	25	Rajbiraj
Rajbiraj	06 - Poush	5	8	35	Rajbiraj
Rajbiraj	07 - Magha	13	16	25	Rajbiraj
Rajbiraj	08 - Falgun	11	14	25	Rajbiraj
Rajbiraj	09 - Chaitra	10	13	25	Rajbiraj
Rajbiraj	10- Baishakh	4	7	35	Rajbiraj
Rajbiraj	11 - Jestha	5	8	50	Rajbiraj
Rajbiraj	12 - Ashad	9	12	50	Rajbiraj
Gaighat	01 -Sharwan	11	14	50	Gaighat
Gaighat	02 - Bhadra	14	17	50	Gaighat
Gaighat	03-Ashwin	4	7	50	Gaighat
Gaighat	04 - Kartik	26	29	50	Gaighat
Gaighat	05 - Mansir	14	17	50	Gaighat
Gaighat	06 - Poush	13	16	50	Gaighat
Gaighat	07 - Magha	11	14	50	Gaighat
Gaighat	08 - Falgun	16	19	50	Gaighat
Gaighat	09 - Chaitra	9	12	50	Gaighat
Gaighat	10- Baishakh	25	28	50	Gaighat
Gaighat	11 - Jestha	12	15	50	Gaighat
Gaighat	12 - Ashad	12	15	50	Gaighat
Siraha	02 - Bhadra	1	4	20	Siraha
Siraha	04 - Kartik	16	19	20	Siraha
Siraha	06 - Poush	5	8	20	Siraha
Siraha	08 - Falgun	17	20	20	Siraha
Siraha	10- Baishakh	12	15	20	Siraha
Siraha	11 - Jestha	23	26	20	Siraha

Mirchaiya	01 -Sharwan	20	23	50	Mirchaiya
Mirchaiya	03-Ashwin	5	8	50	Mirchaiya
Mirchaiya	05 - Mansir	8	11	50	Mirchaiya
Mirchaiya	07 - Magha	15	18	50	Mirchaiya
Mirchaiya	09 - Chaitra	10	13	50	Mirchaiya
Mirchaiya	12 - Ashad	5	8	50	Mirchaiya
Kattari	01 -Sharwan	4	7	50	Kattari
Kattari	02 - Bhadra	9	12	50	Kattari
Kattari	03-Ashwin	6	9	50	Kattari
Kattari	04 - Kartik	23	26	50	Kattari
Kattari	05 - Mansir	9	12	50	Kattari
Kattari	06 - Poush	7	10	50	Kattari
Kattari	07 - Magha	6	9	50	Kattari
Kattari	08 - Falgun	9	12	50	Kattari
Kattari	09 - Chaitra	3	6	50	Kattari
Kattari	10- Baishakh	7	10	50	Kattari
Kattari	11 - Jestha	4	7	50	Kattari
Kattari	12 - Ashad	4	7	50	Kattari
Inaruwa	01 -Sharwan	26	29	50	Inaruwa
Inaruwa	02 - Bhadra	22	25	50	Inaruwa
Inaruwa	04 - Kartik	17	20	50	Inaruwa
Inaruwa	05 - Mansir	22	25	50	Inaruwa
Inaruwa	06 - Poush	20	23	50	Inaruwa
Inaruwa	07 - Magha	19	22	50	Inaruwa
Inaruwa	08 - Falgun	18	21	50	Inaruwa
Inaruwa	09 - Chaitra	16	19	50	Inaruwa
Inaruwa	10- Baishakh	7	10	50	Inaruwa
Inaruwa	11 - Jestha	13	16	50	Inaruwa
Inaruwa	12 - Ashad	16	19	50	Inaruwa
Dhankuta	01 -Sharwan	22	25	50	Dhankuta
Dhankuta	02 - Bhadra	20	23	50	Dhankuta
Dhankuta	03-Ashwin	16	19	50	Dhankuta
Dhankuta	04 - Kartik	19	22	50	Dhankuta
Dhankuta	05 - Mansir	17	20	50	Dhankuta
Dhankuta	06 - Poush	24	27	50	Dhankuta
Dhankuta	07 - Magha	12	15	50	Dhankuta
Dhankuta	08 - Falgun	12	15	50	Dhankuta
Dhankuta	09 - Chaitra	20	23	50	Dhankuta
Dhankuta	10- Baishakh	16	19	50	Dhankuta
Dhankuta	11 - Jestha	20	23	50	Dhankuta
Dhankuta	12 - Ashad	22	25	50	Dhankuta
Solukhumbu	01 -Sharwan	15	18	40	Solukhumbu
Solukhumbu	03-Ashwin	15	18	40	Solukhumbu
Solukhumbu	05 - Mansir	15	18	40	Solukhumbu
Solukhumbu	07 - Magha	15	18	40	Solukhumbu
Solukhumbu	08 - Falgun	15	18	40	Solukhumbu
Solukhumbu	10- Baishakh	15	18	40	Solukhumbu
Phidim	01 -Sharwan	18	21	50	Phidim
Phidim	04 - Kartik	18	21	50	Phidim
Phidim	07 - Magha	18	21	50	Phidim

Phidim	10- Baishakh	18	21	50	Phidim
Phidim	12 - Ashad	18	21	50	Phidim
khandbari	02 - Bhadra	10	13	50	khandbari
khandbari	03-Ashwin	10	13	50	khandbari
khandbari	05 - Mansir	10	13	50	khandbari
khandbari	07 - Magha	10	13	50	khandbari
khandbari	09 - Chaitra	10	13	50	khandbari
khandbari	11 - Jestha	10	13	50	khandbari
pokhariya	02 - Bhadra	15	18	50	pokhariya
pokhariya	03-Ashwin	15	18	50	pokhariya
pokhariya	05 - Mansir	15	18	50	pokhariya
pokhariya	07 - Magha	15	18	50	pokhariya
pokhariya	09 - Chaitra	15	18	50	pokhariya
pokhariya	11 - Jestha	15	18	50	pokhariya
Biratchowk	01 -Sharwan	7	10	30	Biratchowk
Biratchowk	02 - Bhadra	10	13	30	Biratchowk
Biratchowk	03-Ashwin	14	17	30	Biratchowk
Biratchowk	06 - Poush	1	4	30	Biratchowk
Biratchowk	08 - Falgun	5	8	30	Biratchowk
Biratchowk	09 - Chaitra	11	14	30	Biratchowk
Biratchowk	11 - Jestha	5	8	30	Biratchowk
Biratchowk	12 - Ashad	2	5	30	Biratchowk
Pokhara	01 -Sharwan	22	25	50	Pokhara
Pokhara	02 - Bhadra	21	24	50	Pokhara
Pokhara	03-Ashwin	25	28	50	Pokhara
Pokhara	04 - Kartik	20	23	50	Pokhara
Pokhara	05 - Mansir	19	22	50	Pokhara
Pokhara	06 - Poush	20	23	50	Pokhara
Pokhara	07 - Magha	19	22	50	Pokhara
Pokhara	08 - Falgun	18	21	50	Pokhara
Pokhara	09 - Chaitra	19	22	50	Pokhara
Pokhara	10- Baishakh	20	23	50	Pokhara
Pokhara	11 - Jestha	22	25	50	Pokhara
Pokhara	12 - Ashad	24	27	50	Pokhara
Narayanghat	02 - Bhadra	10	13	50	Narayanghat
Narayanghat	04 - Kartik	10	13	50	Narayanghat
Narayanghat	05 - Mansir	10	13	50	Narayanghat
Narayanghat	06 - Poush	10	13	50	Narayanghat
Narayanghat	07 - Magha	10	13	50	Narayanghat
Narayanghat	08 - Falgun	10	13	50	Narayanghat
Narayanghat	10- Baishakh	10	13	50	Narayanghat
Narayanghat	11 - Jestha	10	13	50	Narayanghat
Narayanghat	12 - Ashad	10	13	50	Narayanghat
Damouli	01 -Sharwan	16	19	50	Damouli
Damouli	02 - Bhadra	12	15	50	Damouli
Damouli	03-Ashwin	16	19	50	Damouli
Damouli	04 - Kartik	14	17	50	Damouli
Damouli	05 - Mansir	12	15	50	Damouli
Damouli	06 - Poush	11	14	50	Damouli
Damouli	07 - Magha	9	12	50	Damouli

Damouli	08 - Falgun	14	17	50	Damouli
Damouli	09 - Chaitra	20	23	50	Damouli
Damouli	10- Baishakh	17	20	50	Damouli
Damouli	11 - Jestha	15	18	50	Damouli
Damouli	12 - Ashad	11	14	50	Damouli
Baglung	01 -Sharwan	4	7	50	Baglung
Baglung	02 - Bhadra	4	7	50	Baglung
Baglung	03-Ashwin	4	7	50	Baglung
Baglung	04 - Kartik	4	7	50	Baglung
Baglung	05 - Mansir	4	7	50	Baglung
Baglung	06 - Poush	4	7	50	Baglung
Baglung	07 - Magha	4	7	50	Baglung
Baglung	08 - Falgun	4	7	50	Baglung
Baglung	09 - Chaitra	4	7	50	Baglung
Baglung	10- Baishakh	4	7	50	Baglung
Baglung	11 - Jestha	4	7	50	Baglung
Baglung	12 - Ashad	4	7	50	Baglung
Besisahar	02 - Bhadra	9	12	50	Besisahar
Besisahar	03-Ashwin	9	12	50	Besisahar
Besisahar	05 - Mansir	9	12	50	Besisahar
Besisahar	06 - Poush	9	12	50	Besisahar
Besisahar	07 - Magha	9	12	50	Besisahar
Besisahar	08 - Falgun	9	12	50	Besisahar
Besisahar	09 - Chaitra	9	12	50	Besisahar
Besisahar	10- Baishakh	9	12	50	Besisahar
Besisahar	11 - Jestha	9	12	50	Besisahar
Besisahar	12 - Ashad	9	12	50	Besisahar
Waling	01 -Sharwan	15	18	25	Waling
Waling	02 - Bhadra	15	18	25	Waling
Waling	03-Ashwin	15	18	25	Waling
Waling	04 - Kartik	15	18	25	Waling
Waling	05 - Mansir	15	18	25	Waling
Waling	06 - Poush	15	18	25	Waling
Waling	07 - Magha	15	18	25	Waling
Waling	08 - Falgun	15	18	25	Waling
Waling	09 - Chaitra	15	18	25	Waling
Waling	10- Baishakh	15	18	25	Waling
Waling	11 - Jestha	15	18	25	Waling
Waling	12 - Ashad	15	18	25	Waling
Kushma	01 -Sharwan	3	6	50	Kushma
Kushma	03-Ashwin	3	6	50	Kushma
Kushma	05 - Mansir	3	6	50	Kushma
Kushma	07 - Magha	3	6	50	Kushma
Kushma	09 - Chaitra	3	6	50	Kushma
Kushma	11 - Jestha	3	6	50	Kushma
Kushma	12 - Ashad	3	6	50	Kushma
Bholetar	01 -Sharwan	15	18	30	Bholetar
Bholetar	02 - Bhadra	15	18	30	Bholetar
Bholetar	03-Ashwin	7	10	30	Bholetar
Bholetar	04 - Kartik	7	10	30	Bholetar

Bholetar	05 - Mansir	8	11	30	Bholetar
Bholetar	06 - Poush	8	11	30	Bholetar
Bholetar	07 - Magha	5	8	30	Bholetar
Bholetar	08 - Falgun	5	8	30	Bholetar
Bholetar	09 - Chaitra	10	13	30	Bholetar
Bholetar	10- Baishakh	10	13	50	Bholetar
Bholetar	11 - Jestha	15	18	50	Bholetar
Bholetar	12 - Ashad	15	18	50	Bholetar
Gorkha	02 - Bhadra	14	17	40	Gorkha
Gorkha	04 - Kartik	17	20	40	Gorkha
Gorkha	06 - Poush	12	15	40	Gorkha
Gorkha	08 - Falgun	12	15	40	Gorkha
Gorkha	10- Baishakh	12	15	40	Gorkha
Gorkha	12 - Ashad	6	9	40	Gorkha
Beni	01 -Sharwan	7	10	20	Beni
Beni	03-Ashwin	7	10	20	Beni
Beni	05 - Mansir	7	10	20	Beni
Beni	07 - Magha	7	10	20	Beni
Beni	09 - Chaitra	7	10	20	Beni
Beni	11 - Jestha	7	10	20	Beni
Parsa	02 - Bhadra	13	16	50	Parsa
Parsa	04 - Kartik	13	16	50	Parsa
Parsa	05 - Mansir	13	16	50	Parsa
Parsa	06 - Poush	13	16	50	Parsa
Parsa	07 - Magha	13	16	50	Parsa
Parsa	08 - Falgun	13	16	50	Parsa
Parsa	09 - Chaitra	13	16	50	Parsa
Parsa	10- Baishakh	13	16	50	Parsa
Parsa	11 - Jestha	13	16	50	Parsa
Parsa	12 - Ashad	13	16	50	Parsa
Lekhnath	01 -Sharwan	15	18	50	Lekhnath
Lekhnath	02 - Bhadra	20	23	50	Lekhnath
Lekhnath	03-Ashwin	10	13	50	Lekhnath
Lekhnath	04 - Kartik	10	13	50	Lekhnath
Lekhnath	05 - Mansir	21	24	50	Lekhnath
Lekhnath	06 - Poush	10	13	50	Lekhnath
Lekhnath	07 - Magha	21	24	50	Lekhnath
Lekhnath	08 - Falgun	10	13	50	Lekhnath
Lekhnath	09 - Chaitra	21	24	50	Lekhnath
Lekhnath	10- Baishakh	10	13	50	Lekhnath
Lekhnath	11 - Jestha	21	24	50	Lekhnath
Lekhnath	12 - Ashad	10	13	50	Lekhnath
Butwal	01 -Sharwan	15	18	50	Butwal
Butwal	02 - Bhadra	15	18	50	Butwal
Butwal	03-Ashwin	15	18	50	Butwal
Butwal	04 - Kartik	15	18	50	Butwal
Butwal	05 - Mansir	15	18	50	Butwal
Butwal	06 - Poush	15	18	50	Butwal
Butwal	07 - Magha	15	18	50	Butwal
Butwal	08 - Falgun	15	18	50	Butwal

Butwal	09 - Chaitra	15	18	50	Butwal
Butwal	10- Baishakh	15	18	50	Butwal
Butwal	11 - Jestha	15	18	50	Butwal
Butwal	12 - Ashad	15	18	50	Butwal
Dang	01 -Sharwan	16	19	50	Dang
Dang	02 - Bhadra	12	15	50	Dang
Dang	03-Ashwin	14	17	50	Dang
Dang	04 - Kartik	21	24	50	Dang
Dang	05 - Mansir	19	22	50	Dang
Dang	06 - Poush	15	18	50	Dang
Dang	07 - Magha	16	19	50	Dang
Dang	08 - Falgun	14	17	50	Dang
Dang	10- Baishakh	17	20	50	Dang
Dang	11 - Jestha	20	23	50	Dang
Dang	12 - Ashad	10	14	50	Dang
Palpa	01 -Sharwan	7	10	50	Palpa
Palpa	02 - Bhadra	12	15	50	Palpa
Palpa	03-Ashwin	11	14	50	Palpa
Palpa	04 - Kartik	3	6	50	Palpa
Palpa	05 - Mansir	12	15	50	Palpa
Palpa	06 - Poush	11	14	50	Palpa
Palpa	07 - Magha	7	10	50	Palpa
Palpa	08 - Falgun	13	16	50	Palpa
Palpa	09 - Chaitra	14	17	50	Palpa
Palpa	10- Baishakh	7	10	50	Palpa
Palpa	11 - Jestha	11	14	50	Palpa
Palpa	12 - Ashad	5	8	50	Palpa
Bhairahawa	01 -Sharwan	4	7	50	Bhairahawa
Bhairahawa	02 - Bhadra	4	7	50	Bhairahawa
Bhairahawa	03-Ashwin	4	7	50	Bhairahawa
Bhairahawa	04 - Kartik	4	7	50	Bhairahawa
Bhairahawa	05 - Mansir	4	7	50	Bhairahawa
Bhairahawa	06 - Poush	4	7	50	Bhairahawa
Bhairahawa	07 - Magha	4	7	50	Bhairahawa
Bhairahawa	08 - Falgun	4	7	50	Bhairahawa
Bhairahawa	09 - Chaitra	4	7	50	Bhairahawa
Bhairahawa	10- Baishakh	4	7	50	Bhairahawa
Bhairahawa	11 - Jestha	4	7	50	Bhairahawa
Bhairahawa	12 - Ashad	4	7	50	Bhairahawa
Taulihawa	02 - Bhadra	10	13	50	Taulihawa
Taulihawa	04 - Kartik	10	13	50	Taulihawa
Taulihawa	06 - Poush	10	13	50	Taulihawa
Taulihawa	08 - Falgun	10	13	50	Taulihawa
Taulihawa	10- Baishakh	10	13	50	Taulihawa
Taulihawa	12 - Ashad	10	13	50	Taulihawa
Kawasoti	02 - Bhadra	19	22	50	Kawasoti
Kawasoti	04 - Kartik	19	22	50	Kawasoti
Kawasoti	06 - Poush	19	22	50	Kawasoti
Kawasoti	08 - Falgun	19	22	50	Kawasoti
Kawasoti	10- Baishakh	19	22	50	Kawasoti

Kawasoti	12 - Ashad	19	22	50	Kawasoti
Bardaghat	02 - Bhadra	12	15	50	Bardaghat
Bardaghat	03-Ashwin	9	12	50	Bardaghat
Bardaghat	04 - Kartik	21	24	50	Bardaghat
Bardaghat	05 - Mansir	12	15	50	Bardaghat
Bardaghat	06 - Poush	3	6	50	Bardaghat
Bardaghat	07 - Magha	9	12	50	Bardaghat
Bardaghat	08 - Falgun	14	17	50	Bardaghat
Bardaghat	09 - Chaitra	6	9	50	Bardaghat
Bardaghat	10- Baishakh	10	13	50	Bardaghat
Bardaghat	11 - Jestha	14	17	50	Bardaghat
Bardaghat	12 - Ashad	4	7	50	Bardaghat
Gulmi	01 -Sharwan	16	19	50	Gulmi
Gulmi	02 - Bhadra	19	22	50	Gulmi
Gulmi	03-Ashwin	9	12	50	Gulmi
Gulmi	04 - Kartik	21	24	50	Gulmi
Gulmi	05 - Mansir	19	22	50	Gulmi
Gulmi	06 - Poush	17	19	50	Gulmi
Gulmi	07 - Magha	19	22	50	Gulmi
Gulmi	08 - Falgun	21	24	50	Gulmi
Gulmi	09 - Chaitra	13	16	50	Gulmi
Gulmi	10- Baishakh	17	20	50	Gulmi
Gulmi	11 - Jestha	14	17	50	Gulmi
Gulmi	12 - Ashad	18	21	50	Gulmi
Rampur	01 -Sharwan	10	13	12	Rampur
Rampur	02 - Bhadra	11	14	8	Rampur
Rampur	03-Ashwin	9	12	12	Rampur
Rampur	04 - Kartik	10	13	8	Rampur
Rampur	05 - Mansir	13	16	12	Rampur
Rampur	06 - Poush	14	17	8	Rampur
Rampur	07 - Magha	16	19	8	Rampur
Rampur	08 - Falgun	13	16	12	Rampur
Rampur	09 - Chaitra	9	12	8	Rampur
Rampur	10- Baishakh	13	16	12	Rampur
Rampur	11 - Jestha	12	15	8	Rampur
Rampur	12 - Ashad	10	13	12	Rampur
Tulsipur	02 - Bhadra	16	20	50	Tulsipur
Tulsipur	04 - Kartik	11	14	50	Tulsipur
Tulsipur	05 - Mansir	24	27	50	Tulsipur
Tulsipur	06 - Poush	15	18	50	Tulsipur
Tulsipur	07 - Magha	21	24	50	Tulsipur
Tulsipur	08 - Falgun	24	27	50	Tulsipur
Tulsipur	10- Baishakh	15	18	50	Tulsipur
Tulsipur	11 - Jestha	19	22	50	Tulsipur
Arghakhanchi	01 -Sharwan	24	27	50	Arghakhanchi
Arghakhanchi	02 - Bhadra	20	23	50	Arghakhanchi
Arghakhanchi	03-Ashwin	17	20	50	Arghakhanchi
Arghakhanchi	04 - Kartik	22	25	50	Arghakhanchi
Arghakhanchi	05 - Mansir	13	16	50	Arghakhanchi
Arghakhanchi	06 - Poush	11	14	50	Arghakhanchi

Arghakhanchi	07 - Magha	17	20	50	Arghakhanchi
Arghakhanchi	08 - Falgun	15	18	50	Arghakhanchi
Arghakhanchi	09 - Chaitra	7	10	50	Arghakhanchi
Arghakhanchi	10- Baishakh	18	21	50	Arghakhanchi
Arghakhanchi	11 - Jestha	18	21	50	Arghakhanchi
Arghakhanchi	12 - Ashad	10	14	50	Arghakhanchi
Rolapa	01 -Sharwan	16	19	50	Rolapa
Rolapa	02 - Bhadra	19	22	50	Rolapa
Rolapa	03-Ashwin	16	19	50	Rolapa
Rolapa	04 - Kartik	21	24	50	Rolapa
Rolapa	05 - Mansir	19	22	50	Rolapa
Rolapa	06 - Poush	17	20	50	Rolapa
Rolapa	07 - Magha	16	19	50	Rolapa
Rolapa	08 - Falgun	14	17	50	Rolapa
Rolapa	10- Baishakh	15	18	50	Rolapa
Rolapa	11 - Jestha	20	23	50	Rolapa
Rolapa	12 - Ashad	19	22	50	Rolapa
pyuthan	02 - Bhadra	12	15	50	pyuthan
pyuthan	03-Ashwin	12	15	50	pyuthan
pyuthan	05 - Mansir	12	15	50	pyuthan
pyuthan	07 - Magha	12	15	50	pyuthan
pyuthan	09 - Chaitra	12	15	50	pyuthan
pyuthan	11 - Jestha	12	15	50	pyuthan
Jitpur	01 -Sharwan	15	18	50	Jitpur
Jitpur	03-Ashwin	15	18	50	Jitpur
Jitpur	07 - Magha	15	18	50	Jitpur
Jitpur	07 - Magha	15	18	50	Jitpur
Jitpur	09 - Chaitra	15	18	50	Jitpur
Jitpur	11 - Jestha	15	18	50	Jitpur
Chandrauta	02 - Bhadra	20	23	50	Chandrauta
Chandrauta	04 - Kartik	20	23	50	Chandrauta
Chandrauta	06 - Poush	20	23	50	Chandrauta
Chandrauta	08 - Falgun	20	23	50	Chandrauta
Chandrauta	10- Baishakh	20	23	50	Chandrauta
Chandrauta	11 - Jestha	20	23	50	Chandrauta
Sunwal	02 - Bhadra	19	22	50	Sunwal
Sunwal	03-Ashwin	9	12	50	Sunwal
Sunwal	04 - Kartik	12	15	50	Sunwal
Sunwal	05 - Mansir	3	6	50	Sunwal
Sunwal	06 - Poush	9	12	50	Sunwal
Sunwal	07 - Magha	14	17	50	Sunwal
Sunwal	08 - Falgun	10	13	50	Sunwal
Sunwal	09 - Chaitra	13	16	50	Sunwal
Sunwal	10- Baishakh	17	20	50	Sunwal
Sunwal	11 - Jestha	7	10	50	Sunwal
Sunwal	12 - Ashad	11	14	50	Sunwal
Lamahi	02 - Bhadra	21	24	50	Lamahi
Lamahi	03-Ashwin	18	21	50	Lamahi
Lamahi	05 - Mansir	10	13	50	Lamahi
Lamahi	06 - Poush	12	15	50	Lamahi

Lamahi	07 - Magha	18	21	50	Lamahi
Lamahi	08 - Falgun	11	14	50	Lamahi
Lamahi	09 - Chaitra	8	12	50	Lamahi
Nepalgunj	01 -Sharwan	20	23	50	Nepalgunj
Nepalgunj	02 - Bhadra	21	24	50	Nepalgunj
Nepalgunj	03-Ashwin	18	21	50	Nepalgunj
Nepalgunj	05 - Mansir	10	13	50	Nepalgunj
Nepalgunj	06 - Poush	12	15	50	Nepalgunj
Nepalgunj	07 - Magha	18	21	50	Nepalgunj
Nepalgunj	08 - Falgun	11	14	50	Nepalgunj
Nepalgunj	09 - Chaitra	8	12	50	Nepalgunj
Nepalgunj	10- Baishakh	16	19	50	Nepalgunj
Nepalgunj	11 - Jestha	16	19	50	Nepalgunj
Dhangadhi	01 -Sharwan	19	22	50	dhangadhi
Dhangadhi	02 - Bhadra	15	18	50	dhangadhi
Dhangadhi	03-Ashwin	8	11	50	dhangadhi
Dhangadhi	04 - Kartik	20	23	50	dhangadhi
Dhangadhi	05 - Mansir	12	15	50	dhangadhi
Dhangadhi	06 - Poush	18	21	50	dhangadhi
Dhangadhi	07 - Magha	13	16	50	dhangadhi
Dhangadhi	08 - Falgun	15	18	50	dhangadhi
Dhangadhi	09 - Chaitra	20	23	50	dhangadhi
Dhangadhi	10- Baishakh	10	13	50	dhangadhi
Dhangadhi	11 - Jestha	16	19	50	dhangadhi
Dhangadhi	12 - Ashad	11	14	50	dhangadhi
Baitadi	02 - Bhadra	12	15	50	Baitadi
Baitadi	03-Ashwin	12	15	50	Baitadi
Baitadi	05 - Mansir	12	15	50	Baitadi
Baitadi	07 - Magha	12	15	50	Baitadi
Baitadi	10- Baishakh	12	15	50	Baitadi
Baitadi	12 - Ashad	12	15	50	Baitadi
Mahendranagar	02 - Bhadra	12	15	30	Mahendranagar
Mahendranagar	03-Ashwin	8	11	30	Mahendranagar
Mahendranagar	04 - Kartik	13	16	30	Mahendranagar
Mahendranagar	05 - Mansir	4	7	50	Mahendranagar
Mahendranagar	06 - Poush	10	13	30	Mahendranagar
Mahendranagar	07 - Magha	2	5	30	Mahendranagar
Mahendranagar	08 - Falgun	8	11	30	Mahendranagar
Mahendranagar	10- Baishakh	10	13	40	Mahendranagar
Mahendranagar	11 - Jestha	7	10	30	Mahendranagar
Mahendranagar	12 - Ashad	4	7	50	Mahendranagar
Surkhet	01 -Sharwan	16	19	50	Surkhet
Surkhet	02 - Bhadra	9	12	50	Surkhet
Surkhet	03-Ashwin	5	8	50	Surkhet
Surkhet	04 - Kartik	18	21	50	Surkhet
Surkhet	05 - Mansir	6	9	50	Surkhet
Surkhet	06 - Poush	9	12	50	Surkhet
Surkhet	07 - Magha	17	20	50	Surkhet
Surkhet	08 - Falgun	12	15	50	Surkhet
Surkhet	09 - Chaitra	16	19	50	Surkhet

Surkhet	10- Baishakh	15	18	50	Surkhet
Surkhet	11 - Jestha	20	23	50	Surkhet
Surkhet	12 - Ashad	8	11	50	Surkhet
Dadeldhura	02 - Bhadra	14	17	50	Dadeldhura
Dadeldhura	04 - Kartik	6	9	50	Dadeldhura
Dadeldhura	06 - Poush	3	6	50	Dadeldhura
Dadeldhura	08 - Falgun	5	8	50	Dadeldhura
Dadeldhura	10- Baishakh	8	11	50	Dadeldhura
Dadeldhura	12 - Ashad	5	8	50	Dadeldhura
Darchula	01 -Sharwan	24	27	50	Darchula
Darchula	02 - Bhadra	16	19	50	Darchula
Darchula	03-Ashwin	10	13	50	Darchula
Darchula	04 - Kartik	21	24	50	Darchula
Darchula	05 - Mansir	11	14	50	Darchula
Darchula	06 - Poush	11	14	50	Darchula
Darchula	07 - Magha	15	18	50	Darchula
Darchula	08 - Falgun	15	18	50	Darchula
Darchula	09 - Chaitra	11	14	50	Darchula
Darchula	10- Baishakh	20	23	50	Darchula
Darchula	11 - Jestha	21	24	50	Darchula
Darchula	12 - Ashad	16	19	50	Darchula
Attariya	02 - Bhadra	6	9	30	Attariya
Attariya	03-Ashwin	9	12	20	Attariya
Attariya	04 - Kartik	15	18	20	Attariya
Attariya	05 - Mansir	6	9	20	Attariya
Attariya	06 - Poush	10	13	20	Attariya
Attariya	07 - Magha	15	18	20	Attariya
Attariya	08 - Falgun	10	13	20	Attariya
Attariya	09 - Chaitra	13	16	20	Attariya
Attariya	10- Baishakh	10	13	20	Attariya
Attariya	11 - Jestha	12	15	20	Attariya
Attariya	12 - Ashad	5	8	30	Attariya
Sukhad	01 -Sharwan	3	6	20	Sukhad
Sukhad	02 - Bhadra	6	9	25	Sukhad
Sukhad	03-Ashwin	3	6	20	Sukhad
Sukhad	04 - Kartik	5	8	30	Sukhad
Sukhad	05 - Mansir	6	9	20	Sukhad
Sukhad	06 - Poush	4	7	32	Sukhad
Sukhad	07 - Magha	3	6	20	Sukhad
Sukhad	08 - Falgun	5	8	28	Sukhad
Sukhad	09 - Chaitra	7	10	28	Sukhad
Sukhad	10- Baishakh	4	7	26	Sukhad
Sukhad	11 - Jestha	5	8	23	Sukhad
Sukhad	12 - Ashad	5	8	26	Sukhad
Doti	01 -Sharwan	9	12	30	Doti
Doti	02 - Bhadra	19	22	30	Doti
Doti	03-Ashwin	16	19	30	Doti
Doti	04 - Kartik	21	24	30	Doti
Doti	05 - Mansir	26	29	30	Doti
Doti	06 - Poush	17	20	30	Doti

Doti	07 - Magha	23	26	30	Doti
Doti	08 - Falgun	7	11	30	Doti
Doti	09 - Chaitra	27	30	30	Doti
Doti	10- Baishakh	3	6	30	Doti
Doti	11 - Jestha	21	24	30	Doti
Doti	12 - Ashad	4	8	30	Doti
Tikapur	01 -Sharwan	13	16	50	Tikapur
Tikapur	02 - Bhadra	13	16	50	Tikapur
Tikapur	03-Ashwin	13	16	50	Tikapur
Tikapur	04 - Kartik	13	16	50	Tikapur
Tikapur	05 - Mansir	13	16	50	Tikapur
Tikapur	06 - Poush	13	16	50	Tikapur
Tikapur	07 - Magha	13	16	50	Tikapur
Tikapur	08 - Falgun	13	16	50	Tikapur
Tikapur	09 - Chaitra	13	16	50	Tikapur
Tikapur	10- Baishakh	13	16	50	Tikapur
Tikapur	11 - Jestha	13	16	50	Tikapur
Tikapur	12 - Ashad	13	16	50	Tikapur
Jajarkot	02 - Bhadra	15	18	25	Jajarkot
Jajarkot	03-Ashwin	18	22	25	Jajarkot
Jajarkot	04 - Kartik	13	16	40	Jajarkot
Jajarkot	05 - Mansir	10	13	35	Jajarkot
Jajarkot	06 - Poush	10	13	30	Jajarkot
Jajarkot	07 - Magha	21	24	30	Jajarkot
Jajarkot	08 - Falgun	11	14	39	Jajarkot
Jajarkot	10- Baishakh	18	21	45	Jajarkot
Jajarkot	11 - Jestha	9	12	32	Jajarkot
Jajarkot	12 - Ashad	15	18	35	Jajarkot
Kohalpur	01 -Sharwan	20	23	15	Kohalpur
Kohalpur	02 - Bhadra	15	18	25	Kohalpur
Kohalpur	03-Ashwin	18	21	30	Kohalpur
Kohalpur	04 - Kartik	16	19	10	Kohalpur
Kohalpur	05 - Mansir	23	26	50	Kohalpur
Kohalpur	05 - Mansir	5	8	35	Kohalpur
Kohalpur	07 - Magha	25	28	25	Kohalpur
Kohalpur	08 - Falgun	10	13	30	Kohalpur
Kohalpur	09 - Chaitra	22	25	10	Kohalpur
Kohalpur	10- Baishakh	7	10	10	Kohalpur
Kohalpur	11 - Jestha	10	13	5	Kohalpur
Dailekh	01 -Sharwan	12	15	40	Dailekh
Dailekh	02 - Bhadra	21	24	45	Dailekh
Dailekh	03-Ashwin	5	8	35	Dailekh
Dailekh	05 - Mansir	9	12	50	Dailekh
Dailekh	06 - Poush	15	18	45	Dailekh
Dailekh	07 - Magha	25	28	30	Dailekh
Dailekh	08 - Falgun	17	20	50	Dailekh
Dailekh	09 - Chaitra	3	6	40	Dailekh
Dailekh	10- Baishakh	12	15	50	Dailekh
Dailekh	12 - Ashad	22	25	50	Dailekh
Botechaur	02 - Bhadra	10	13	30	Botechaur

Botechaur	04 - Kartik	12	14	30	Botechaur
Botechaur	06 - Poush	8	11	35	Botechaur
Botechaur	08 - Falgun	12	15	25	Botechaur
Botechaur	10- Baishakh	18	21	40	Botechaur
Lamki	02 - Bhadra	7	10	50	Lamki
Lamki	05 - Mansir	7	10	50	Lamki
Lamki	07 - Magha	7	10	50	Lamki
Lamki	08 - Falgun	7	10	50	Lamki
Lamki	10- Baishakh	7	10	50	Lamki
Lamki	12 - Ashad	7	10	50	Lamki
Rukum	03-Ashwin	12	15	40	Rukum
Rukum	05 - Mansir	20	23	40	Rukum
Rukum	07 - Magha	16	19	30	Rukum
Rukum	10- Baishakh	7	10	30	Rukum
Rukum	11 - Jestha	15	19	40	Rukum
Rukum	12 - Ashad	23	26	40	Rukum
Belauri	02 - Bhadra	11	14	25	Belauri
Belauri	03-Ashwin	21	24	25	Belauri
Belauri	05 - Mansir	10	13	25	Belauri
Belauri	07 - Magha	2	5	25	Belauri
Belauri	09 - Chaitra	11	14	25	Belauri
Belauri	10- Baishakh	17	20	25	Belauri
Belauri	12 - Ashad	5	8	25	Belauri
Gulariya	02 - Bhadra	10	13	50	Gulariya
Gulariya	03-Ashwin	14	17	50	Gulariya
Gulariya	05 - Mansir	17	20	50	Gulariya
Gulariya	06 - Poush	15	18	50	Gulariya
Gulariya	07 - Magha	7	10	50	Gulariya
Gulariya	08 - Falgun	19	22	50	Gulariya
Gulariya	09 - Chaitra	11	14	50	Gulariya
Gulariya	10- Baishakh	22	25	50	Gulariya
Gulariya	11 - Jestha	12	15	50	Gulariya
Gulariya	12 - Ashad	9	12	50	Gulariya
Bajhang	02 - Bhadra	15	18	50	Bajhang
Bajhang	04 - Kartik	26	29	50	Bajhang
Bajhang	06 - Poush	22	25	50	Bajhang
Bajhang	08 - Falgun	25	28	50	Bajhang
Bajhang	10- Baishakh	5	8	50	Bajhang
Bajhang	11 - Jestha	25	28	50	Bajhang
Jumla	01 -Sharwan	10	13	25	Jumla
Jumla	03-Ashwin	15	18	20	Jumla
Jumla	05 - Mansir	10	13	15	Jumla
Jumla	07 - Magha	15	18	30	Jumla
Jumla	08 - Falgun	5	8	25	Jumla
Jumla	10- Baishakh	15	18	30	Jumla
Jumla	11 - Jestha	12	15	25	Jumla
Jumla	12 - Ashad	9	12	20	Jumla
Kalikot	01 -Sharwan	1	4	50	Kalikot
Kalikot	04 - Kartik	1	4	50	Kalikot
Kalikot	07 - Magha	1	4	50	Kalikot

Kalikot	10- Baishakh	1	4	50	Kalikot
Mangalsen	01 -Sharwan	9	12	50	Mangalsen
Mangalsen	03-Ashwin	9	12	50	Mangalsen
Mangalsen	05 - Mansir	9	12	50	Mangalsen
Mangalsen	07 - Magha	9	12	50	Mangalsen
Mangalsen	08 - Falgun	9	12	50	Mangalsen
Mangalsen	10- Baishakh	9	12	50	Mangalsen